## WATER SAFE WASHINGTON K-5 Educational Kit Created by the Washington Recreational Boating Safety Program

#### Dear Educators,

Drowning is the second leading cause of injury-related death for children ages 5-14, according to the Centers for Disease Control and Prevention (CDC). By participating in a Water Safety Day event on May 15th, you will empower your students to make safe decisions in and around water, helping to decrease the risks of drowning and other water-related injuries.

# The Washington Recreational Boating Safety Program is offering a no-cost 30-minute standards based scripted K-5 introductory lesson plan with student engagement activity options.

#### **Content Overview**

The Water Safe Washington 2025 education kit will build water safety knowledge and skills utilizing three key messages:

1. Wear your life jacket.

2. Be cautious of hazards, particularly cold and moving water.

3. Reach or throw, but don't go into the water to help a struggling swimmer.

#### **Supporting Materials**

The first 20,000 students will also receive supporting materials: printed certificates, stickers, and a Lewis the Frog backpack charm. Materials are labeled for easy distribution to each participating classroom.

#### How to Sign Up:

To get individual classes signed up, follow these two steps:

**Step 1.** A designated administrator must sign up each elementary school.

**Step 2.** Once the school's registration is confirmed, a response email will be sent. Forward this email to all the teachers in the school so they can sign up to participate.

#### Register your school!

Please reach out to Theresa Wood Boating Safety Program Coordinator: Theresa.Wood@parks.wa.gov with any questions.





Produced under a grant from the Sport Fish Restoration and Boating Trust Fund, administered by the U.S. Coast Guard,



Lewis The Frog Water Safe Washington Mascot

### Key Dates

- 3/3 School registration and teacher sign-ups open.
- **3/31** Give Away! Life jacket fittings for <u>two</u> <u>entire schools</u> will be announced.
- 4/15 Last chance to register.
- **4/17** Digital educational kit delivered by email.
- 5/1 <u>Supporting materials</u> <u>are delivered</u> to enrolled schools
- 5/15 <u>Water Safety Day</u>

The 2025 kit aligns with Washington State Health and Social Emotional Learning Education Standards:

- <u>Health</u>: Wellness, Safety, Social Emotional Health, Injury Prevention
- <u>Social Emotional Learning</u>: Selfmanagement, Self-efficacy, and social engagement

Complete list of standards included in kit.